

How To Make a Difference

1. You already have what it takes to make the world a better place. Making a difference to the world may seem like an enormous task, but it is in fact the collective effort of everyone to make small contributions with a lot of heart.

The size of the contribution is not what matters most. The key here is to have the heart to do it.

2. There is no one best time to start to make a difference to the world. You don't need to wait till you have the time to share some love; you don't have to wait till you make more money to share a slice of bread. Little efforts count, and you can start making small contributions today.

3. You can change the world by helping one person at a time. One of the ways to help someone is to empower the person. But how do you empower a person? Well, one of the ways is to be generous in giving praise and encouragement instead of criticism.

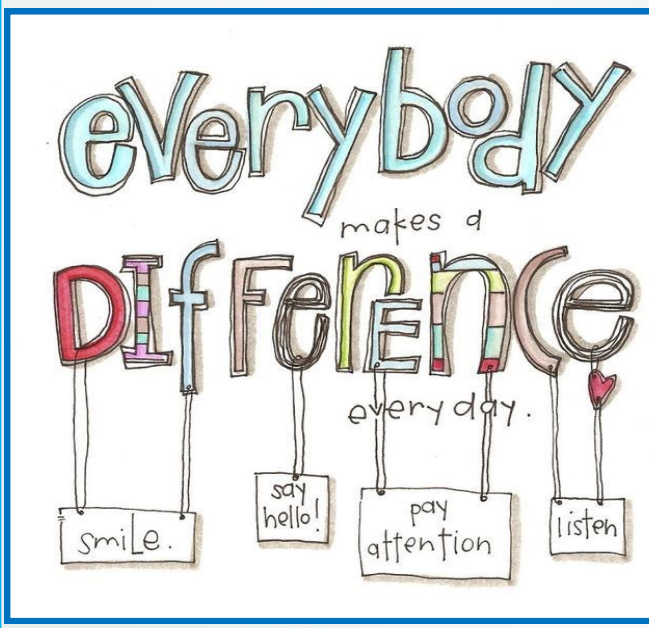
By praising and encouraging the person, you'd have helped him/her to accomplish what he/she is meant to be, and that would lead to more value being added to the world.

4. Other than doing things to make a difference, we should also seek to influence others to start doing things that make a difference. And the best way to convince other people is to lead by example.

Start doing whatever is within your ability today. Start showing more concern and love to the people around you. Start to make monthly donations to your favourite charity. Start putting more effort in your work to increase the value output.

Every effort counts, no matter how small and insignificant it may seem. Just do something, and do something good.

"The way to gain a good reputation is to endeavor to be what you desire to appear." ~ Socrates



Erasmus+



WE CAN MAKE A DIFFERENCE

**Break barriers~
No prejudices**

Strategic Partnership
between schools

2016-2018

A30—search for
information
Activity

Ortona, Italy C4
12th - 16th March
2018

Make a Difference in Your Own Community

Everyone seems a little more relaxed during the summer months, and for most people, it's the season to work a little less and have a little more fun. But while everyone is vacationing and relaxing at the local pool, let us give you a little something to think about.

What if you took just a few hours of those summer vacation hours to volunteer in your community? What if a few hours of your time could really make a difference in your life and those around you? Think about it.

There are dozens of reasons why getting involved in your community is important but we'll sum it up to this: it's good for you and it's *really* good for those around you.

1. Tutor A Kid

Even though school is officially out, lots of kids will be suffering through summer school or homework assist programs. Do them (and yourself) a favor and help them out. It's amazing what an impact you can make in just a few hours! Call your local school to find out when and how you can get involved.

2. Attend Community Meetings

While the idea of attending a community meeting might sound about as entertaining as a dentist appointment, they can actually be really great. You meet people who live around you, which comes in handy if you're one of the many people who complain that your friends live too far away to hang out on a regular basis. Moreover, you really become familiar with what's happening in your neighborhood and more than likely, you'll gain a real sense of ownership of where you live. The more this happens, the better!

3. Clean Up

Picking up trash might not sound too appealing, but there are hundreds of parks and playgrounds around that could use some TLC. Often times starting or joining a clean-up project can really transform a neighborhood, especially if you're creating a place for kids to play or people to gather. If you have a place in mind, make sure you reach out to the administrator before you make any changes. If you want some ideas, call your local parks department for locations that could use your help.

4. Serve the Elderly

Elderly people are the backbone of the community but unfortunately, often the ones most looked over. It's hard to imagine men and women in their 80's and 90's being in a nursing home with no family or friends to visit, but it happens. Contact some nursing homes or assisted living facilities in the area and see if there is someone there who could use a little of your time and attention. It's amazing how much a short conversation or a game of checkers could make in their day!

Getting involved in your community isn't hard and with a little time, you can make a big difference. And the best part? Volunteering is addictive and contagious, so once you start, you will probably want to keep doing it...and so will those around you!



Ways To Make A Difference In Your Community

- ◆ Help teach a younger child to read.
- ◆ Help cook and/or serve a meal at a homeless shelter.
- ◆ Gather clothing from your neighbors and donate it to a local shelter.
- ◆ Adopt a "grand friend" and write them letters and visit them.
- ◆ Visit senior citizens at a nursing home.
- ◆ Rake leaves, shovel snow, clean gutters, or wash windows for a senior citizen.
- ◆ Pick up groceries or medicine for an elderly person.



- ◆ Go for a walk with a senior citizen in your community.
- ◆ Deliver meals to homebound individuals.
- ◆ Invite local police officers to present a drug awareness or safety presentation.
- ◆ Tutor a student that needs help learning English or some other subject.
- ◆ Bring toys to children in the cancer ward of a hospital.
- ◆ Contact your local political representative about key issues.
- ◆ Recycle.
- ◆ Drive responsibly.
- ◆ Shop responsibly.
- ◆ Look for the good in all people.
- ◆ Donate money to your favorite charity.
- ◆ When visiting someone in a hospital, talk to someone that doesn't have many visitors.

Together
we
make
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difference